

# Autumn 2009 Timetable (\* Term Time Only)

## Monday

Time	Activity	Contact	Telephone
17:00 – 18:00	Junior Gymnastics (Beginners) *	Marion Flynn	01604 859412
17:30 – 18:30	Typhoons Badminton Club	David McCartney	01604 513835
18:00 – 19:00	Junior Gymnastics (Intermediates) *	Marion Flynn	01604 859412
17:00 – 19:00	Wooldale Football Club (Juniors) *	Jim Hughes	01604 702401
17:00 – 17:45	Street Jazz – Dance Class (6-8 year olds) *	Sinead Loughnane	01604 768420
17:00 – 17:45	Street Jazz – Dance Class (9-13 year olds) *	Sinead Loughnane	01604 768420
16:30 – 19:30	Pilates	Melody Tipton	01604 604149
19:30 – 20:30	Street Dance/Hip Hop (Adult)*	Gill Lockett	01327 354892
20:30 – 21:30	Beginners Ballet (Adult)*	Gill Lockett	01327 354892
20:00 – 20:45	Adult Tap Class (Level 3) *	Sinead Loughnane	01604 768420
20:45 – 21:30	Adult Tap Class (Level 2) *	Sinead Loughnane	01604 768420
19:00 – 20:00	Beginners Line Dancing	Gill Bradley	07733 091865
19:00 – 22:00	Line Dancing	Gill Bradley	07733 091865

## Tuesday

Time	Activity	Contact	Telephone
17:00 – 19:00	Diana Miller School of Dance – Classical Ballet *	Diana Miller	01604 812754
18:00 – 19:00	Tae kwon-do (ages 6 upwards)	Kam Patel	0116 276 5649
19:00 – 20:00	Tae kwon-do (Adults)	Kam Patel	0116 276 5649
18:00 – 19:00	Wooldale Football Club (Juniors) *	Jim Hughes	01604 702401
18:00 – 21:30	Rosemary Conley	Diana Thomson	07811 141959
19:00 – 21:00	Adult Learning Courses – See Reverse for Details	Bookings	01604 237418
19:00 – 20:00	Beginners Ballroom & Latin – Waltz/Rumba (Adults)*	Gill Lockett	01327 354892
20:00 – 20:50	Beginners Ballroom - Tango (Adults)*	Gill Lockett	01327 354892
20:50 – 21:35	Beginners Latin American Dancing (Adults)*	Gill Lockett	01327 354892
20:00 – 22:00	Ladies Basketball – Northampton 'A' Team	Sarah Mathieson	01604 627377

## Wednesday

Time	Activity	Contact	Telephone
16:00 – 17:30	Impact Dance – IDTA Ballet 3-5yrs (1/2 hour classes)	Hayley Slater	07855 751787
17:00 – 18:00	Diana Miller School of Dance – Classical Ballet *	Diana Miller	01604 812754
17:00 – 18:00	Cobblers in the Community *	Darren Norton	01604 757773
17:30 – 18:30	Impact Dance – Street Dance (Juniors)	Hayley Slater	07855 751787
18:00 – 19:00	Junior Self Defence and Fitness	Ian Ferguson	07903 000525
18:00 – 19:00	Wootton Fields Wanderers JFC *	Gary Hicks	01604 760785
18:30 – 19:45	1 <sup>st</sup> Wootton Brownies *	Christine Tongue	01604 701388
19:00 – 20:30	Self Defence and Fitness	Ian Ferguson	07903 000525
19:00 – 20:00	Netball (Ashmore Netball Club)	Rachel Smith	01604 404956
19:45 – 21:00	Grade 7 RAD Ballet	Sinead Lochnane	01604 768420
20:00 – 21:00	Tap Dancing for Beginners (Adults) *	Gill Lockett	01327 354892
21:00 – 22:00	Solo Salsa*	Gill Lockett	01327 354892

## Thursday

Time	Activity	Contact	Telephone
17:00 – 18:00	Diana Miller School of Dance – Classical Ballet *	Diana Miller	01604 812754
17:00 – 18:00	Cycling Club – Juniors (All abilities)	Colin Hull	01327 322337
18:00 – 19:00	Wootton Fields Wanderers Junior FC *	Gary Hicks	01604 760785
18:00 – 19:00	Dance Fusion * (mix of Jazz, Ballet & Contemporary) ages 8-11	Sam Yeal	01604 826050
18:00 – 19:00	Tae kwon-do (ages 6 upwards)	Kam Patel	0116 276 5649
19:00 – 20:00	Dance Fusion * (mix of Jazz, Ballet & Contemporary) ages 11-14	Sam Yeal	01604 826050
19:00 – 20:00	Tae kwon-do (Adults)	Kam Patel	0116 276 5649
19:15 – 20:45	Samba Bandits – Mixed Samba Band	Pamela Harrison	01604 626181
19:15 – 21:00	Intermediate Ballet (seniors)	Sinead Lochnane	01604 768420
20:00 – 21:00	Dance Fusion * (mix of Jazz, Ballet & Contemporary) Adults	Sam Yeal	01604 826050
20:00 – 21:00	Fitness & Circuit Training Class	Duncan Spedding	07795 694659

## Friday

Time	Activity	Contact	Telephone
16:30 – 19:30	Stagecoach – Performing Arts School	Andrew Clingo	0800 169 3023
17:00 – 18:00	Diana Miller School of Dance – Classical Ballet	Diana Miller	01604 812754
17:00 – 21:30	TISKA Karate	Mr Sahota	08445 610534
18:00 – 19:00	Mereway Badminton Club (Juniors)	Brian Hart	07810 153093
19:00 – 22:00	Mereway Badminton Club	Brian Hart	07810 153093
19:00 – 19:45	Latin Dancing for all – Jive (Adults)	Gill Lockett	01327 354892
19:45 – 20:30	Beginner Ballroom - Waltz	Gill Lockett	01327 354892
20:30 – 10:00	Improvers/Intermediates Ballroom and Latin	Gill Lockett	01327 354892

## Saturday

Time	Activity	Contact	Telephone
09:30 – 12:15	Diana Miller School of Dance – Classical Ballet *	Diana Miller	01604 812754
09:30 – 11:00	"Early Stages" (4-7 years) Stagecoach – Performing Arts School	Andrew Clingo	0800 169 3023
11:30 – 13:00, 13:30 – 15:00			
10:00 – 13:00, 14:30 – 17:30	"Senior School" (7 – 16 years) Stagecoach – Performing Arts School		

## Sunday

Time	Activity	Contact	Telephone
10:00 – 11:30	Okinawa Goju Ryu Karate-do (15 yrs upwards)	Michael	01604 708106
10:00 onwards	Rugby Tots ages 2 – 7 years*	Gemma	08453 133254

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**KAJIMA**  
Community



Community Activities at  
the Wooldale Centre for  
Learning

# Newsletter

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## Bookings and Enquiries

We are always looking for new groups and classes to join us here at the Centre for Learning.

Most of our activities take place during the evenings and weekends and also in the daytime during school holidays.

We are not just here to hire out rooms, we can help you start your own class, advise you on marketing strategies and even funding opportunities.

Once you have made your booking, we can help promote your sessions through different promotional mediums that we use.



## Adult Learning. A Varied Choice:

Fancy learning something new? This term over a hundred informal learning events are taking place at Caroline Chisholm School with a fantastically wide and varied selection of course. From beginners IT courses to basic butchery skills and fashion making and design.

Investing some of your time in learning, you'll be equipping yourself for the future, meeting new people and having a great time as well. There are many ways to learn, plus free advice and even money from the government to help with the costs. A recent Learner quoted:

**"The course I completed at Caroline Chisholm School were brilliantly run and very beneficial. The facilities were second to none. I can now surf the web and e-mail my daughter and grandchildren in New Zealand!"**

Completing a course can also boost your chances of getting on at work, or finding a new job. Many courses also lead to a qualification, which can prove to an employer that you've gained knowledge and developed certain skills.

Search for a course with us that suits you from the [www.direct.gov.uk](http://www.direct.gov.uk) website. Or, if you need inspiration, you can browse different subject areas - from office skills to languages via the **FLOODLIGHT** website—[www.northampton.floodlight.co.uk](http://www.northampton.floodlight.co.uk)



Having the right skills is more important now than ever before as in less than ten years there will be very few jobs that require no skills at all. As well as boosting your career prospects, improving your skills can also help if you plan to go on to further study. Skills are also useful in all sorts of situations in life, and can give you more confidence.

Call the enrolment line for the County Council on **01604 237 418** for more details.

Bookings and Enquiries  
**01604 677760**  
**01604 677761**  
**07912 594 640**  
[wooldale@kajima.co.uk](mailto:wooldale@kajima.co.uk)  
[www.kajimacommunity.co.uk](http://www.kajimacommunity.co.uk)

Kajima Community  
Caroline Chisholm School (The Wooldale Centre for Learning)  
Wooldale Road,  
Wootton Fields  
Northampton  
NN4 6TP

## Spotlight on.....



**The UK's first rugby specific play programme for young children**

Rugbytots was started in 2006 to fill a gap in the child development sector by using Rugby specific skills to aid in the development of young children.

It has always been their belief that no child is too young to be told how to carry out certain tasks. Parents who have enrolled their children in Rugbytots have been amazed how quickly their children can grasp a concept, and it is their aim to provide the highest quality of coaching to ensure that development continues to occur on an incremental scale.

All Rugbytots lead coaches are paediatric first aiders, RFU qualified rugby coaches, CRB checked and trained to a very high standard to ensure your children enjoy their time at Rugbytots in a safe and organised environment.

Rugbytots cater for the ages of 2 to 7 years and will begin courses at Caroline Chisholm School from late October 09 onwards.



Gemma@rugbytots.co.uk [www.rugbytots.co.uk](http://www.rugbytots.co.uk)  
Telephone: 08453 133 254 Fax: 0845 263 7155

**T I S K A**  
**SHOTOKAN**  
**KARATE**



### About Chief Instructor Gursharan Sahota

Gursharan Sahota was born in 1960 in Kenya, East Africa, but has lived in Bedford, England since he was 12. He took up Karate at the age of 14 and was awarded Black Belt 1st Dan (Shodan) four years later. Now a 6th Dan, Gursharan has competed in a multitude of Kata and Kumite events, many at national level. The most significant event in his career however was the visit he made to Japan in 1984 when he fulfilled a great ambition by training in a Japanese Dojo under the instruction of Sensei Hirokazu Kanazawa.

This experience proved to be a turning point for Gursharan and on his return to England he realised his visit had been the inspiration he needed to dedicate his future to teaching karate as a way of life. Gursharan opened his first club in Luton/Dunstable in 1981, and this is now the Association's Hombu (Headquarters).

In 1993, having been a teacher of the art for many years, he then formed his own Association, the Traditional International Shotokan Karate Association (TISKA) and he now has a wide network of clubs throughout the United Kingdom and abroad. His school at Caroline Chisholm has blossomed from strength to strength.

TISKA Promotions  
Telephone: +44 (0) 1234 376809  
email: info@tiska.com

TISKA classes are run at Caroline Chisholm School  
on Friday evenings at 17:00 to 21:00



## Improved Payment Options for Kajima Community

We are always trying to improve the efficiency of our systems and services we deliver to our customers. We also endeavour to keep our prices down. With this in mind we have implemented a new payment method this month. There is a live link via our website where secure online payments can be made. The online payment process is quick, easy and safe. It will also provide a receipt of your payment directly to your e-mail account.



### Links to our partner organisations

Caroline Chisholm School  
[www.ccs.northants.sch.uk](http://www.ccs.northants.sch.uk)

Northamptonshire County Council  
[www.northamptonshire.gov.uk](http://www.northamptonshire.gov.uk)

Northamptonshire Sport (NSport)

[www.Northamptonshiresport.org.uk](http://www.Northamptonshiresport.org.uk)

## The History of Caroline Chisholm



Chisholm observed that the wives and daughters of British soldiers were living in poverty and involved in crime and prostitution, and so she appealed to the Governor of Madras for assistance in establishing a school.

In 1834 Chisholm founded the Female School of Industry for the Daughters of European Soldiers which provided a practical education for the girls and young women. In 1838, Captain Chisholm was granted leave, and the Chisholm family moved to Sydney in the colony of New South Wales. At this stage a Sydney had a large population of unemployed immigrants, particularly young women, and Chisholm began assisting these people by helping them to find work and sheltering them in her home.

In 1841 Chisholm approached the Governor, Sir George Gipps, with a plan for a house for immigrant women. Her first approach was turned down, but she went back twice to argue her case. Eventually Governor Gipps presented her with part of an empty immigration barracks, and Chisholm established the Female Immigrants Home that provided shelter for ninety-six women and a free employment registry.

Chisholm later extended her work to include families as well as single women, and between 1841 and 1844 assisted 14,000 people to settle in New South Wales.